THE FOOD MATRIX EFFECT BEYOND NUTRIENTS

Wednesday, 14th June, 2017

9:00 - Introduction Jean-Michel Lecerf

Chairman: Marie-Caroline Michalski

9:10 - Does matrix effect exist? Clinical and epidemiological data
Jean-Michel LECERF
Institut Pasteur de Lille – Nutrition department

9:50 - Structuring foods to improve the bioavailability of bioactives and nutrients
Didier DUPONT
INRA of Rennes - UMR 1253 Science and Technology of Milk & Eggs

10:30 - Coffee break

11:00 - Impact of lipid emulsified structure on the fat metabolism
Marie-Caroline MICHALSKI
INRA (USC 1235)
INSERM (U1060)
Car Men Laboratory, IMBL of Villeurbanne - Lyon

11:40 - Meat and dairy products processing and protein assimilation
Didier REMOND
INRA of Clermont-Ferrand
UMR1019 Unit of Human Nutrition

12:20 - Lunch
# Conference Programme

## Chairman: Anthony Fardet

### 14:10 - Food structure and bioavailability of fat soluble vitamins and carotenoids
Emmanuelle REBOUL  
INRA (UMR 1260)  
INSERM (1062) of Aix-Marseille

### 14:50 - Plant-foods, cereals, seeds and legumes: the food matrix
Anthony FARDET  
INRA of Clermont-Ferrand - UMR 1019 Unit of Human Nutrition

### 15:30 - Coffee break

### 16:00 - Bioavailability and antioxidant properties of polyphenols and carotenoids from fruit & vegetables
Claire DUFOUR  
INRA of Avignon - UMR 408 Quality of plant origin products

### 16:40 - Food structure: a key role in nutrition and a driver for innovation
Monique AXELOS  
INRA of Nantes

### 17:20 - Closing